

CORSO VIDEO EEG LICE 3° EDIZIONE CATANIA, 24-27 OTTOBRE 2021



Sleep-related Hypermotor Epilepsy (SHE) e crisi ipermotorie

Francesca Bisulli



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Who is SHE?

Outlines

- History and nomenclature
- The diagnostic criteria
- Phenotype: clinical and demographic features
- Etiology
- Treatment
- Grey areas

Who is SHE?

Outlines

• History and nomenclature

SHE is forty years old



1981	1990	2014	2021
NPD Nocturnal Paroxysmal Dystonia	NFLE Nocturnal Frontal Lobe Epilepsy Tinuper et al., 1990	SHE Sleep Related Hyper motor Epilepsy	SHE included in the ILAE Classification and Definition of Epilepsy Syndromes
Lugaresi & Cirignotta, 1981	Scheffer et al., 1990 Scheffer et al., 1994-1995	Tinuper et al., 2016	Riney et al., 2021 (submitted)

VIEWS & REVIEWS

Paolo Tinuper, MD Francesca Bisulli, MD, PhD J.H. Cross, MD, PhD Dale Hesdorffer, PhD Philippe Kahane, MD, PhD Lino Nobili, MD, PhD Federica Provini, MD, PhD Ingrid E. Scheffer, PhD, MBBS Laura Tassi, MD Luca Vignatelli, MD, PhD Claudio Bassetti, MD Fabio Cirignotta, MD Christopher Derry, PhD Antonio Gambardella, MD Renzo Guerrini, MD Peter Halasz, MD, PhD Laura Licchetta, MD Mark Mahowald, MD Raffaele Manni, MD Carla Marini, MD, PhD Barbara Mostacci, MD, PhD Ilaria Naldi, MD, PhD Liborio Parrino, MD, PhD Fabienne Picard, MD Maura Pugliatti, MD, PhD Philippe Ryvlin, MD, PhD Federico Vigevano, MD Marco Zucconi, MD Samuel Berkovic, MD, FRS* Ruth Ottman, PhD*

Definition and diagnostic criteria of sleep-related hypermotor epilepsy

Neurology 86 May 10, 2016

International Consensus conference on NFLE Progress and challenges in an enigmatic epilepsy syndrome Bologna, 30th August -1st September 2014

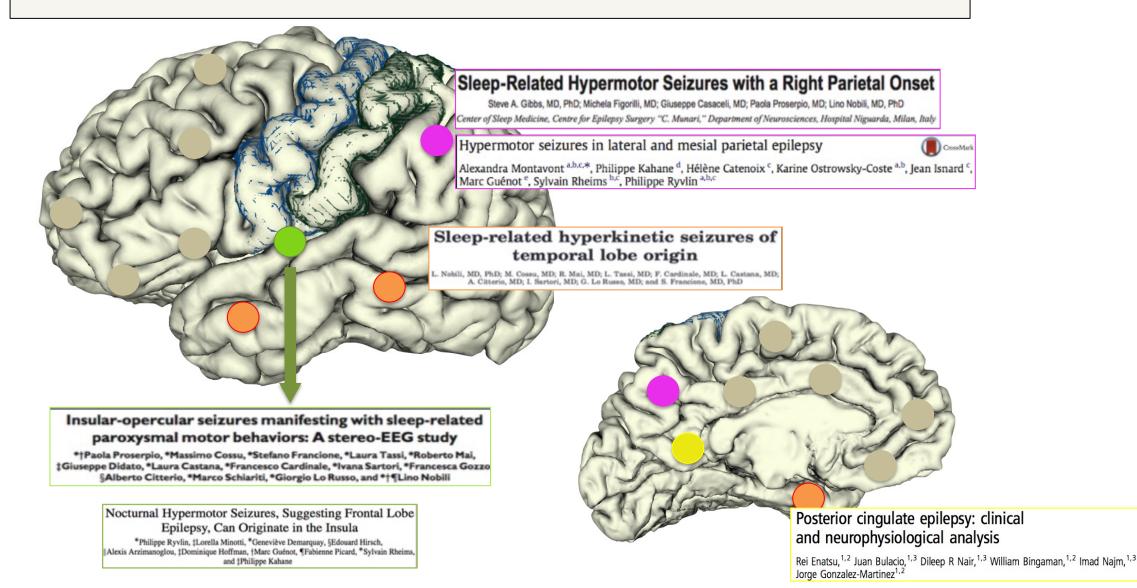


What was wrong with NFLE?

"Nocturnal Frontal Lobe Epilepsy" was misleading because:

- Seizures may arise from extra-frontal regions

Not always FRONTAL: the evidence for extra-frontal origin of NFLE



Nobili 2002; Mai 2005; Duffau 2006, Ryvlin 2006, Rheims 2008; Proserpio 2011

Not always FRONTAL: the evidence for extra-frontal origin of NFLE

30% extrafrontal origin

Nobili 2002; Mai 2005; Duffau 2006, Ryvlin 2006, Rheims 2008; Proserpio 2011

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What was wrong with NFLE?

"Nocturnal Frontal Lobe Epilepsy" was misleading because:

- Seizures may arise from extra-frontal regions
- The relationship to sleep is crucial, rather than time of day
- Name did not capture typical semiology

Diagnosis based on clinical history

- Brief (<2 minutes) seizures with **stereotyped motor pattern**, abrupt onset and offset, may cluster
- Most common motor activity is hypermotor: vigorous hyperkinetic movements



Epileptic Nocturnal Wandering





Diagnosis based on clinical history

- Brief (<2 minutes) seizures with **stereotyped motor pattern**, abrupt onset and offset, may cluster
- Most common motor activity is hypermotor: vigorous hyperkinetic movements, and/or tonic or dystonic asymmetric posturing, with or without impaired awareness

Dystonic asymmetric posturing



Diagnosis based on clinical history

- Brief (<2 minutes) seizures with **stereotyped motor pattern**, abrupt onset and offset, may cluster
- Most common motor activity is hypermotor: vigorous hyperkinetic movements, and/or asymmetric tonic or dystonic posturing, with or without impaired awareness

Asymmetric tonic-dystonic

Supplementary motor seizures are an important exception to the rule that consciousness is invariably impaired in patients with seizures in whom all four extremities are involved. Several of our patients were thought to have pseudoseizures because they "broke the rule." Compounding the difficulty in separating supplementary motor seizures from pseudoseizures are the routine EEG findings. Usually there is no disturbance of background rhythms, and interictal sharp waves may be rare or absent; when present they are usually confined to the vertex and may be confused with normal EEG patterns, especially during sleep. Interictal sharp waves are at or near the midline, and that by itself should suggest seizures from the SMA. The ability to simultaneously record EEG and video over a prolonged time period may be most helpful in this clinical circumstance. The presence of clinical or neuroimaging abnormalities should suggest an organic process. Morris et al., Neurology 1988

Diagnosis based on clinical history

- Brief (<2 minutes) seizures with stereotyped motor pattern, abrupt onset and offset, may cluster
- Most common motor activity is hypermotor: vigorous hyperkinetic movements, and/or asymmetric tonic or dystonic posturing, with or without impaired awareness

Diagnosis based on clinical history

- Brief (<2 minutes) seizures with **stereotyped motor pattern**, abrupt onset and offset, may cluster
- Most common motor activity is hypermotor: vigorous hyperkinetic movements, and/or asymmetric tonic or dystonic posturing, with or without impaired awareness
- Occurrence predominantly during sleep
- Diagnosis **not excluded** by intellectual disability, neuropsychiatric features, absence of interictal and ictal EEG correlates, extrafrontal origin

Three levels of certainty

Witnessed (possible)

Clinical features provided by observer

Video-documented (clinical)

- At least one stereotyped event, confirmed by observer to be typical
- High quality audio-video including the onset and offset with clear visualization of the entire event



COMMENTARY

Can Homemade Video Recording Become More Than a Screening Tool?

A commentary on Derry et al. NREM Arousal Parasomnias and their distinction from nocturnal frontal lobe epilepsy: a video EEG analysis SLEEP 2009;32:1637-1644.

Lino Nobili. MD. PhD

CRISI IPERCINETICHE



COMMENTARY

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Lino Nobili, MD, PhD

CRISI TONICO ASIMMETRICHE

Smartphones in Epilepsy: The New Age of Aquarius

William O. Tatum, DO, and Emily K. Acton, BS

William O. Tatum, DO, and Emily K. Acton, BS

Mayo Clin Proc.January 2021



Courtesy Dr Pruna

HOME-MADE video

- Raccomandare uso ai pz fin dalla prima visita
- Telecamera (infrarossi) accesa tutta la notte per almeno 1 sett
- Dormire senza lenzuolo, accendere luce all'inizio, etc

VANTAGGI

- Setting fisiologico
- Risparmio tempo
- Abbattimento costi VPSG
- Ottima "resa" diagnostica per episodi maggiori
- \downarrow misdiagnosis

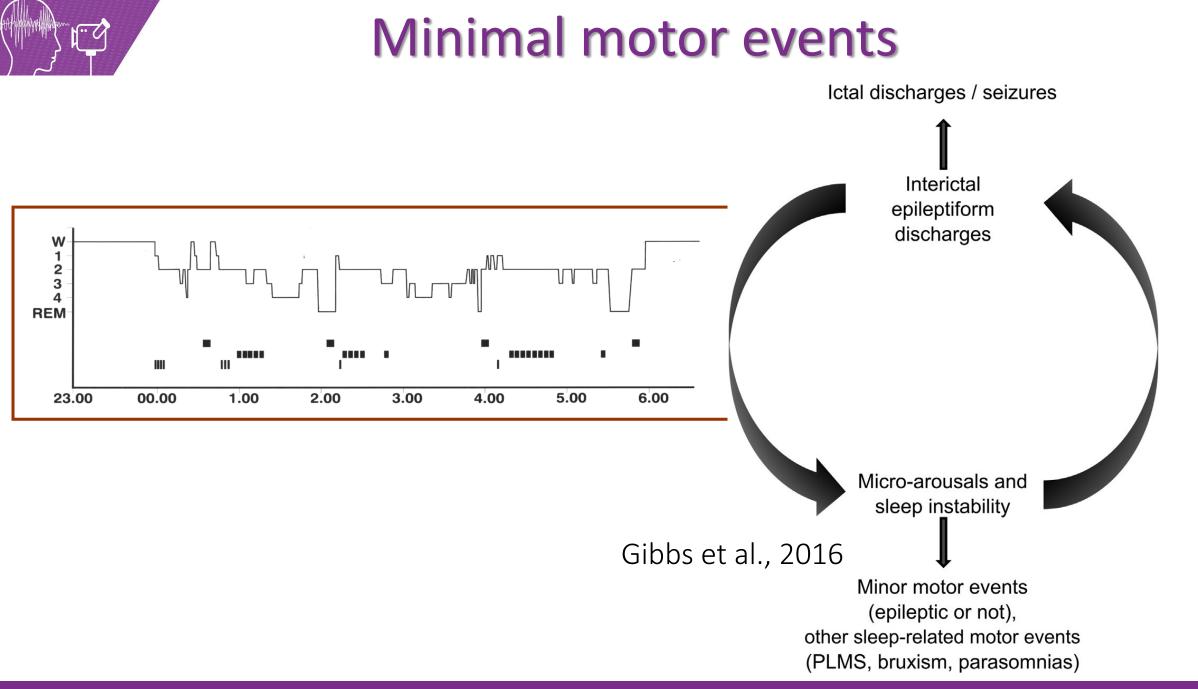
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- At least one stereotyped event, confirmed by observer to be typical
- High quality audio-video including the onset and offset with clear visualization of the entire event
- Minor motor events or paroxysmal arousals excluded



Paroxysmal Arousals, Montagna 1990; Minimal, Minor and Major motor activity Oldani 1996, Zucconi 1997

Three levels of certainty

Witnessed (possible)

Clinical features provided by observer

Video-documented (clinical)

- At least one stereotyped event, confirmed by observer to be typical
- High quality audio-video including the onset and offset with clear visualization of the entire event
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Three levels of certainty

Witnessed (possible)

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Video-documented (clinical)

- At least one stereotyped event, confirmed by observer to be typical
- High quality audio-video including the onset and offset with clear visualization of the entire event
- Minor motor events or paroxysmal arousals excluded

Video-EEG documented (confirmed)

- At least one stereotyped event during daytime sleep recording after sleep deprivation, or during full night sleep recording using ≥19 EEG channels, ECG, oculogram, and chin EMG
- Definitive ictal epileptic discharge

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6 yrs, F, Right handed

Three levels of certainty

Witnessed (possible)

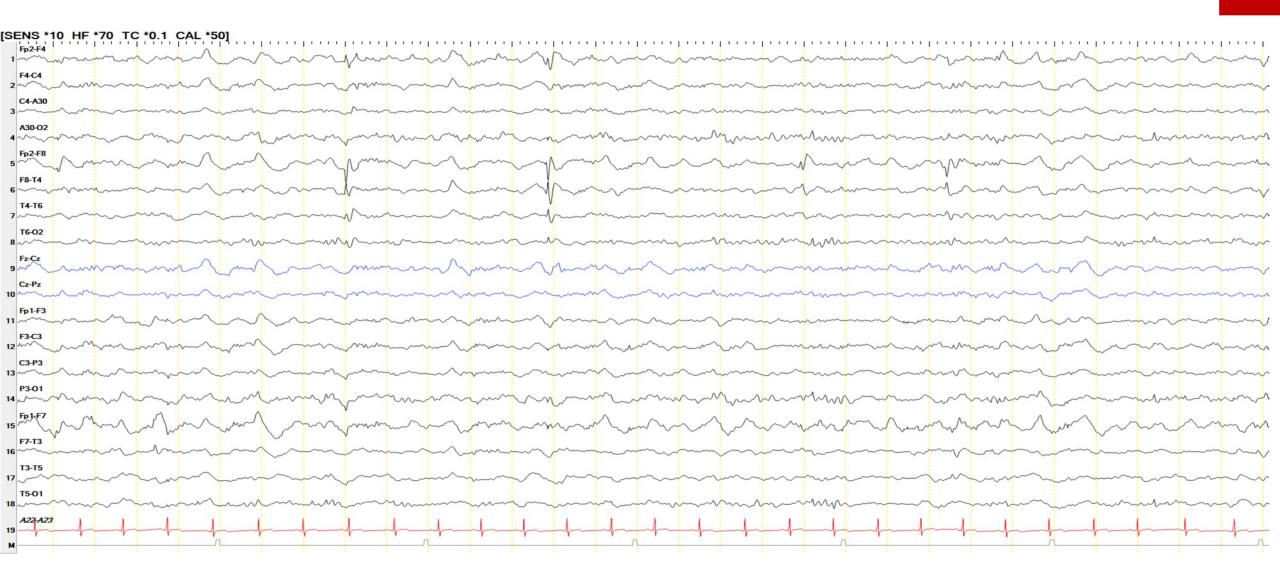
Clinical features provided by observer

Video-documented (clinical)

- At least one stereotyped event, confirmed by observer to be typical
- High quality audio-video including the onset and offset with clear visualization of the entire event
- Minor motor events or paroxysmal arousals excluded

Video-EEG documented (confirmed)

- At least one stereotyped event during daytime sleep recording after sleep deprivation, or during full night sleep recording using ≥19 EEG channels, ECG, oculogram, and chin EMG
- Definitive ictal epileptic discharge or interictal epileptiform abnormality



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- Treatment
- Grey areas

Who is SHE?

Outlines

• Phenotype: clinical and demographic features

Prevalence of Sleep-Related Hypermotor Epilepsy—Formerly Named Nocturnal Frontal Lobe Epilepsy—in the Adult Population of the Emilia-Romagna Region, Italy

Luca Vignatelli, MD, PhD¹; Francesca Bisulli, MD, PhD^{1,2}; Giada Giovannini, MD³; Laura Licchetta, MD^{1,2}; Ilaria Naldi, MD, PhD¹; Barbara Mostacci, MD, PhD¹; Guido Rubboli, MD^{1,4,5}; Federica Provini, MD, PhD^{1,2}; Paolo Tinuper, MD^{1,2}; Stefano Meletti, MD, PhD³

1.8 cases (IC 95% 0.7–4.0) F 1.1 (0.1–4.0) M 2.6 (0.7–6.7) Modena **5** districts Bologna city **1.9 cases** (IC 95% 0.8–3.7) F 2.3 (0.7–5.3) per 100,000 residents M 1.5 (0.3–4.3) prevalence day 31-12-2010

SLEEP, Vol. 40, No. 2, 2017



SHE phenotype



Laura Licchetta, MD Francesca Bisulli, MD, PhD* Luca Vignatelli, MD, PhD* Corrado Zenesini, MSc Lidia Di Vito, MD Barbara Mostacci, MD, PhD Claudia Rinaldi, MD Irene Trippi, MD Ilaria Naldi, MD, PhD Giuseppe Plazzi, MD, PhD Federica Provini, MD, PhD Paolo Tinuper, MD

Sleep-related hypermotor epilepsy Long-term outcome in a large cohort

OPEN

139 cases

Neurology[®] 2017;88:70-77

- Prevalence 1.8-1.9/100.000 Vignatelli et al., 2017
- M>F (63% M)
- Age at onset mean 13.4 ± 10.2 yrs (range: 1-56 yrs)
 - Sporadic 85.6%, Familial 14.4% (ADSHE 5%)
 - Parasomnias: familiy history 48.2%; [personal history 30%]
 - Normal neurological exam and IQ 89.2%
- Bilateral convulsive tonic-clonic seizures: 33.8%
- EEG negative: 43.8% interictal and 61.15% ictal
- Drug resistance rate: 38.8%

Increased frequency of arousal parasomnias in families with nocturnal frontal lobe epilepsy: A common mechanism?

*Francesca Bisulli, †Luca Vignatelli, *Ilaria Naldi, *Laura Licchetta, *Federica Provini, *Giuseppe Plazzi, *Lidia Di Vito, *Simona Ferioli, *Pasquale Montagna, and *Paolo Tinuper Family study Proband vs control relatives

	Parasomnia	Probands N = 200		Controls N = 194			
Group		N	%	N	%	p-value	OR (CI 95%)
Arousal disorders	Confusional arousal	7	3.5	I.	0.5	0.068	7.0 (0.9-57.4)
	First criterion	19	9.5	13	6.7	0.359	1.5 (0.7-3.0)
	Sleep walking	16	8.0	5	2.6	0.023	3.3 (1.2-9.2)
	First criterion	31	15.5	19	9.8	0.097	1.7 (0.9-3.1)
	Sleep terrors	4	2.0	-	-	0.123	
	First criterion	38	19,0	18	9.3	0.006	2.3 (1.3-4.2)
	Total ^a	26	13.0	6	3.1	<0.001	4.7 (2.0-11.6)
	First degree	13	14.4	3	3.1	0.007	5.3 (1.5-19.4)
	Second and third degree	13	11.8	3	31	0.034	42(11-150)
	Total including adult onset ^{a,b}	34	17.0	9	4.6	< 0.001	4.2 (2.0-9.0)
Wake-sleep transition	Rhythmic movement disorder	6	0	4	2.1	0.751	1.5 (0. 4 –5.3)
disorders	Sleep starts	133	66.5	129	66.5	1.000	1.0 (0.7-1.5)
	Sleep talking	85	42.5	64	33.0	0.061	1.5 (2.0-2.3)
	Nocturnal leg cramps	23	11.5	20	10.4	0.749	1.1 (0.6-2.1)
Parasomnias usually associated with REM sleep Other parasomnias	Nightmares	62	31.0	29	14.9	< 0.001	2.6 (1.6-4.2)
	First criterion	123	61.5	120	61.9	1.000	2.0 (0.6-1.5)
	Sleep paralysis	8	4.0	2	1.0	0.105	4.0 (0.8-19.0)
	RBD	17	8.5	8	4.1	0.098	2.2 (0.9-5.3)
	Sleep bruxism	42	21.0	35	18.0	0.526	1.2 (0.7-2.0)
School of Charles and School	Sleep enuresis	16	8.0	11	5.7	0.427	1.4 (0.7-3.2)
	Primary snoring	116	58.0	110	51.8	0.225	1.9 (0.8-1.9)

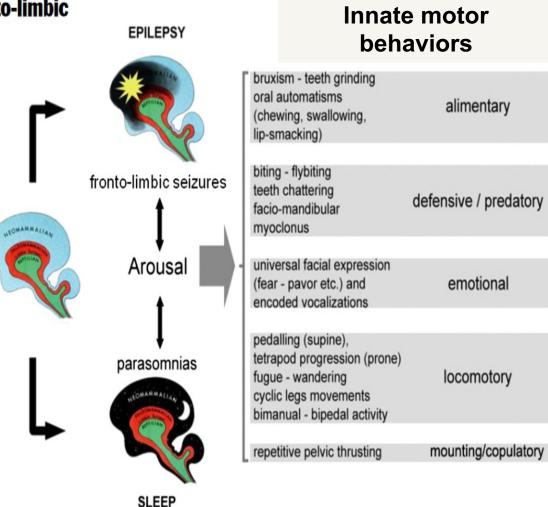
SHE and parasomnias: OVERLAPPING

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C.A. Tassinari • G. Rubboli • E. Gardella • G. Cantalupo • G. Calandra-Buonaura • M. Vedovello M. Alessandria • G. Gandini • S. Cinotti • N. Zamponi • S. Meletti

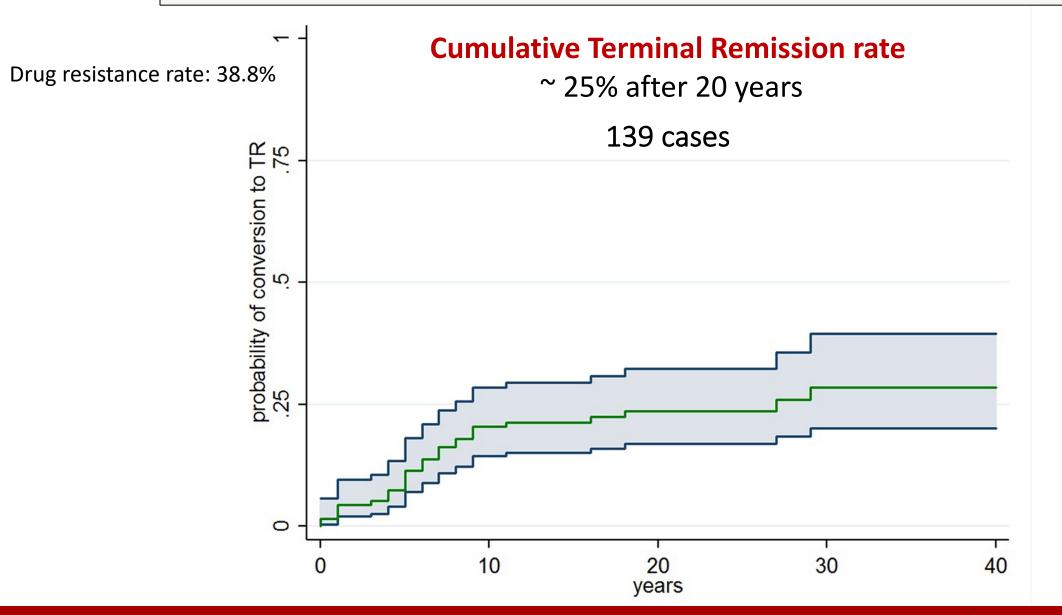
Central pattern generators for a common semiology in fronto-limbic seizures and in parasomnias. A neuroethologic approach





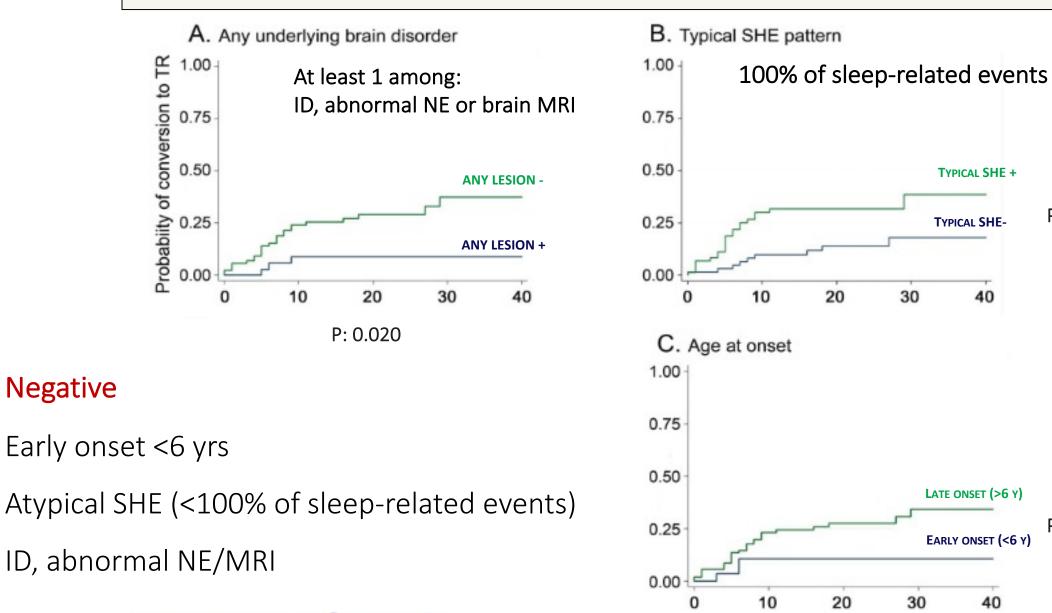
Tassinari et al., 2005, 2009, 2012

SHE prognosis



Licchetta et al., Neurology 2017

Predictor of Terminal Remission



Licchetta et al., Neurology 2017

P: 0.076

P: 0.008

40

40

SHE etiology

139 cases

Sporadic 85.6%, Familial 14.4% (ADSHE 5%)

- Unknown 78.3%
- Structural 13.7%
- Genetic 5%
- Genetic-structural 3%

8% genetic etiology



Autosomal Dominant Nocturnal Frontal Lobe Epilepsy (ADNFLE)



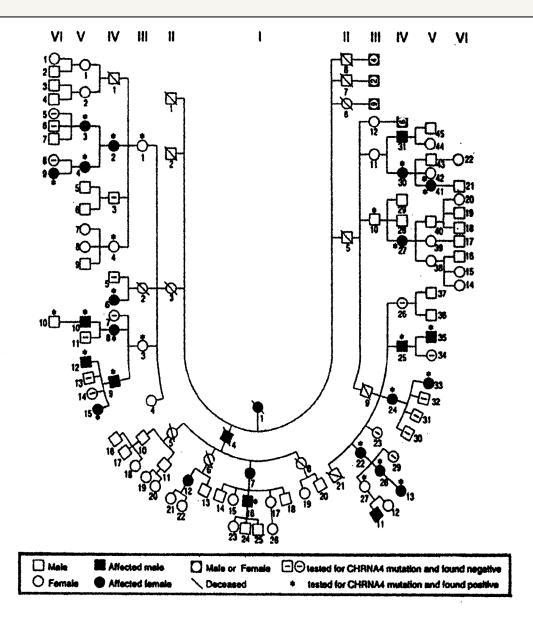
1994-1995

THE LANCET

Autosomal dominant frontal epilepsy misdiagnosed as sleep disorder

Ingrid E Scheffer, Kailash P Bhatia, Iscia Lopes-Cendes, David R Fish, C David Marsden, Frederick Andermann, Eva Andermann, Richard Desbiens, Fernando Cendes, James I Manson, Samuel F Berkovic

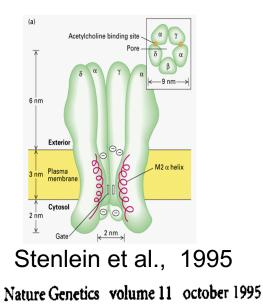
Vol 343 • February 26, 1994

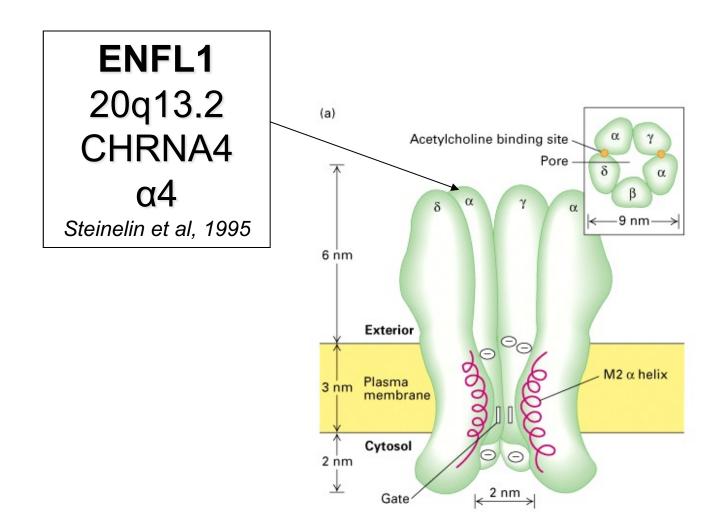


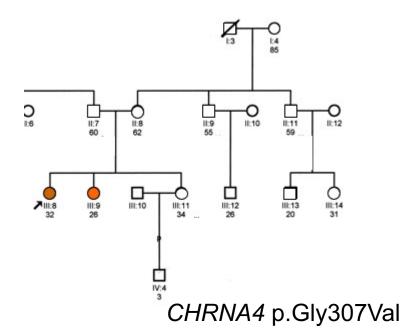
Nat Genet. 1995 May

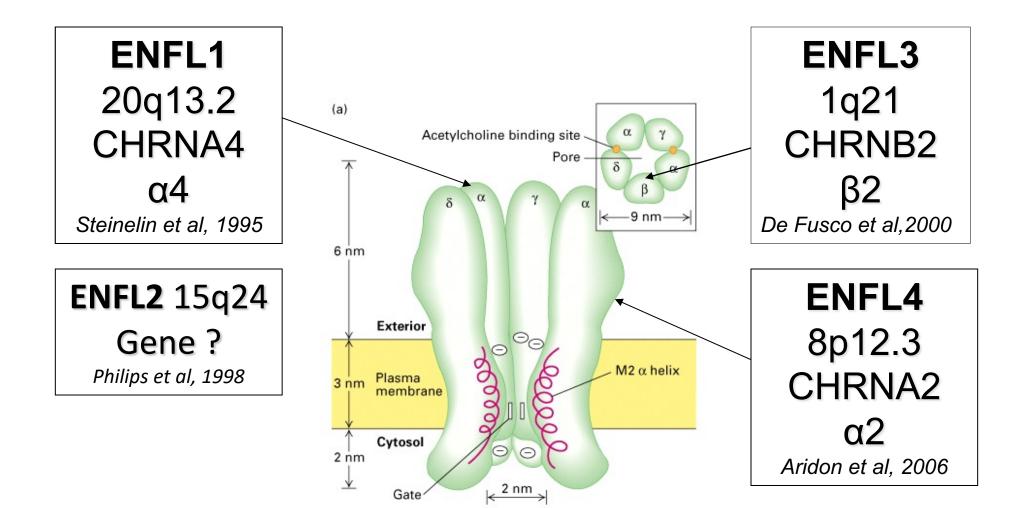
Localization of a gene for autosomal dominant nocturnal frontal lobe epilepsy to chromosome 20q13.2

H.A. Phillips¹, I.E. Scheffer², S.F. Berkovic², G.E. Hollway^{1,3}, G.R. Sutherland^{1,3} & J.C. Mulley¹





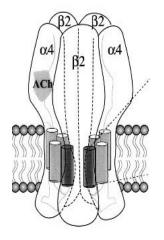


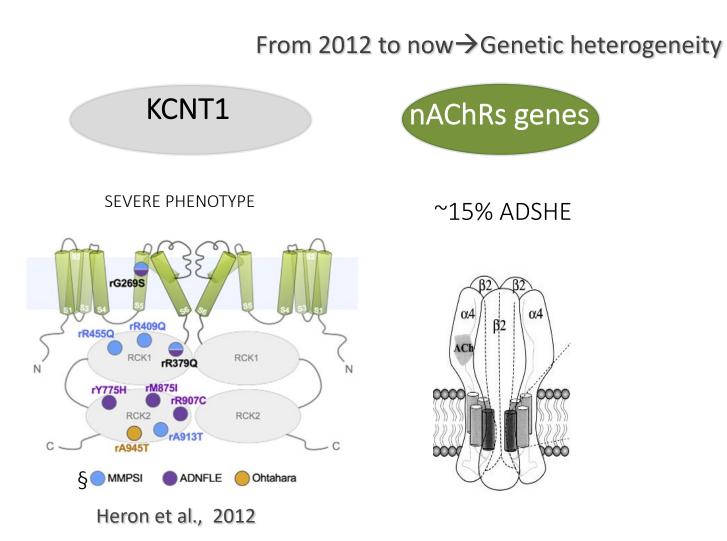


From 1995 only nAChr genes



~15% ADSHE





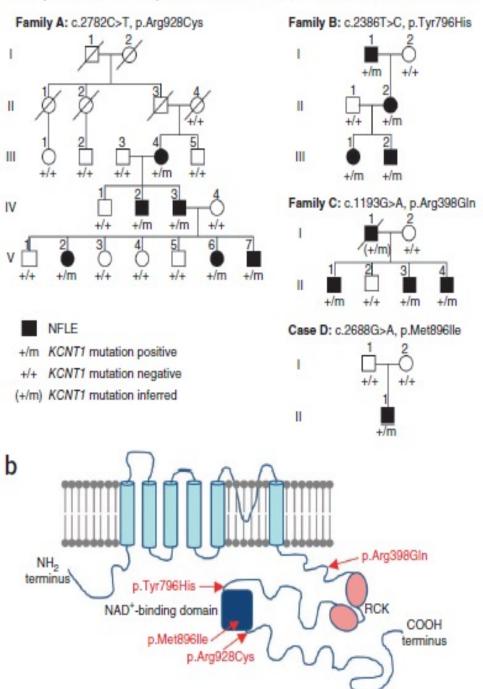
VOLUME 44 | NUMBER 11 | NOVEMBER 2012 NATURE GENETICS

Missense mutations in the sodium-gated potassium channel gene *KCNT1* cause severe autosomal dominant nocturnal frontal lobe epilepsy

Sarah E Heron^{1,2}, Katherine R Smith^{3,4}, Melanie Bahlo^{3,5}, Lino Nobili⁶, Esther Kahana⁷, Laura Licchetta⁸, Karen L Oliver⁸, Aziz Mazarib⁹, Zaid Afawi¹⁰, Amos Korczyn¹¹, Giuseppe Plazzi¹², Steven Petrou^{13–15}, Samuel F Berkovic⁸, Ingrid E Scheffer^{8,13,16,17} & Leanne M Dibbens^{1,2,17}

SHE-KCNT1

ADSHE 100% penetrance Early onset Drug resistancy ID/Psychiatric disorders



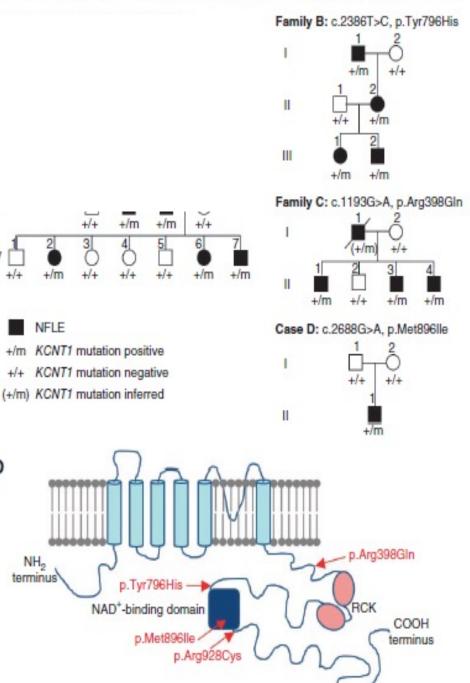
VOLUME 44 | NUMBER 11 | NOVEMBER 2012 NATURE GENETICS

+/+

b

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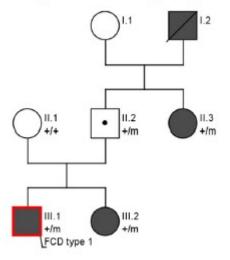


BRIEF COMMUNICATION

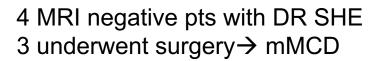
Mild malformations of cortical development in sleep-related hypermotor epilepsy due to *KCNT1* mutations

Guido Rubboli^{1,2} (D), Giuseppe Plazzi^{3,4}, Fabienne Picard⁵, Lino Nobili⁶, Edouard Hirsch⁷, Jamel Chelly⁸, Richard A. Prayson⁹, Jean Boutonnat¹⁰, Manuela Bramerio¹¹, Philippe Kahane¹², Leanne M. Dibbens¹³, Elena Gardella^{1,14}, Stéphanie Baulac^{15,16,17,*} (D) & Rikke S. Møller^{1,14,*}

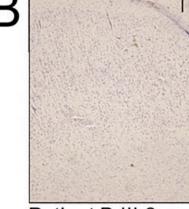
Family A: c.2849G>A; p.Arg950GIn





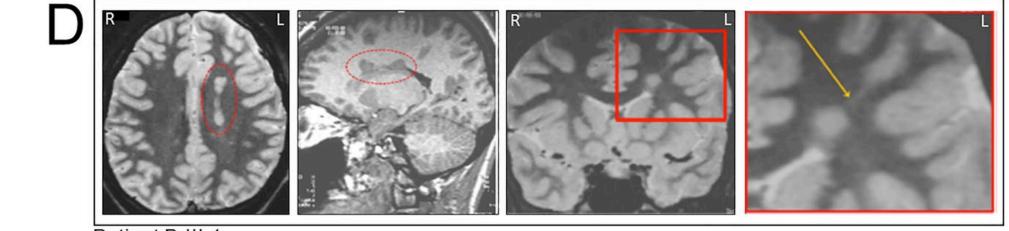




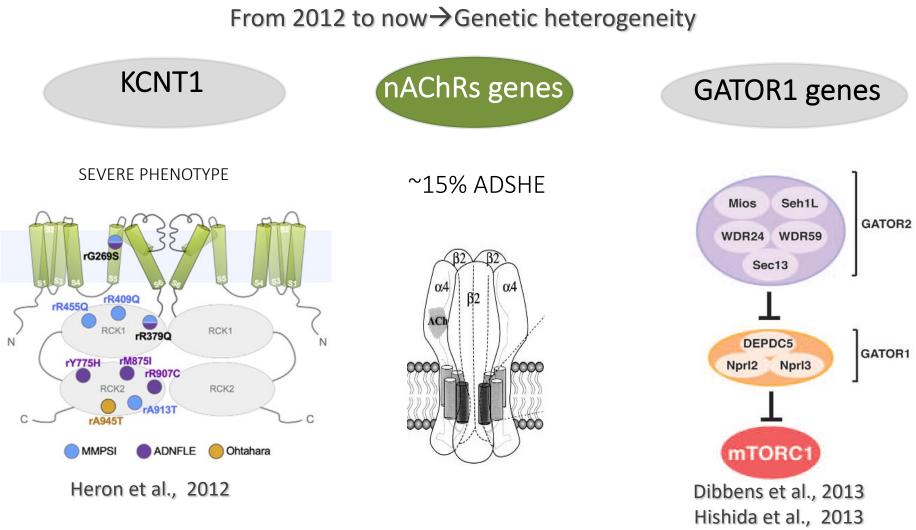


Patient B.III.2

Patient C



Patient B.III.1



Picard et al., 2014

LETTERS

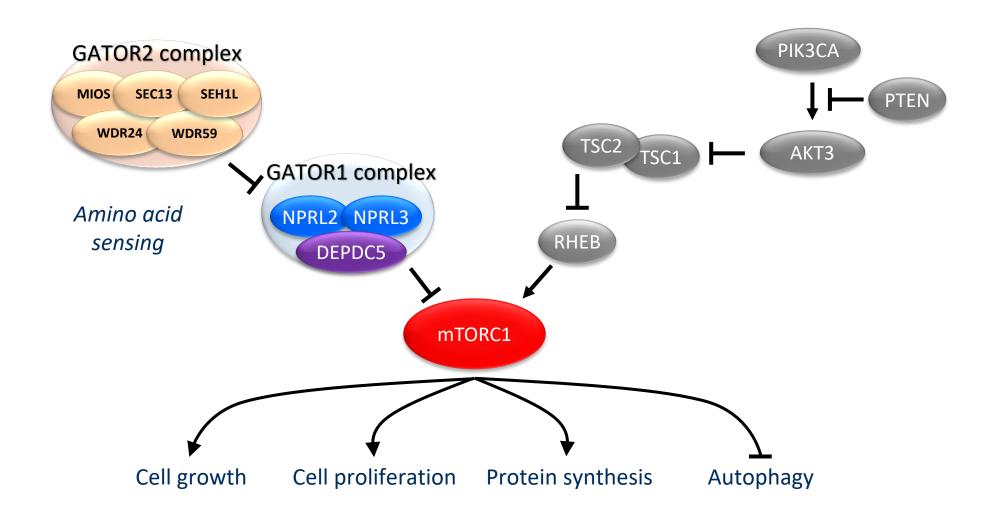
VOLUME 45 | NUMBER 5 | MAY 2013 NATURE GENETICS nature genetics Mutations in *DEPDC5* cause familial focal epilepsy with variable foci Leanne M Dibbens 12-37% of families with FE D1:c.1663C>T (p.Arg555*) 13% of ADSHE Picard et al., 2014 II Ш (m/+) m/+ IV m/+ m/+ m/++/+ m/+ m/+ m/+ m/+ +/+ m/+ m/+ +/+ m/+ m/+ m/+ N: c.3311C>T (p.Ser1104Leu) V +/+ m/+ +/+ m/+ m/+ m/+ m/+ m/+ m/+ +/+ m/+ m/+ Nocturnal frontal FC1: c.488_490delTGT (p.Phe164del) Frontal 2 Ø 3 11 \square Frontotemporal Ш **Temporal** +/+ m/+ m/+ Ш Parietal IV m/+ Occipital 111 Multi focal m/+ m/+ Unclassified 11 12 13 IV Acquired epilepsy m/+ +/+ m/+ +/+ +/+ +/+ m/+ m/+ m/+ Proband V

m/+

+/+ m/+

GATOR1 complex is a repressor of mTOR complex 1

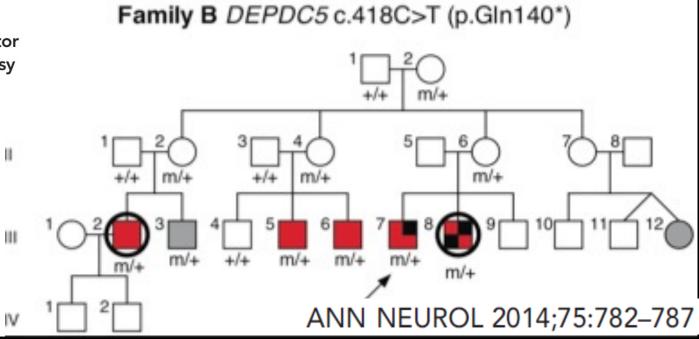




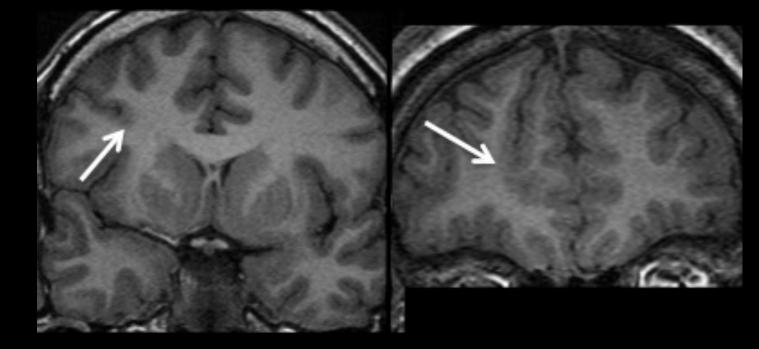
Bar-Peled et al., Science 2013

Mutations in Mammalian Target of Rapamycin Regulator DEPDC5 Cause Focal Epilepsy with Brain Malformations

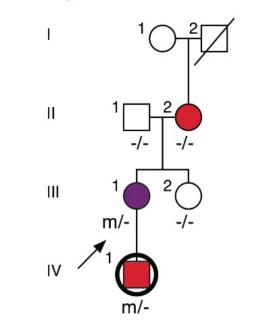
Ingrid E. Scheffer, MB, BS, PhD, 1,2,3 Sarah E. Heron, BSc, PhD,^{4,5} Brigid M. Regan, BSc,¹ Simone Mandelstam, MB, ChB,^{2,3,6} Douglas E. Crompton, MBBS, PhD,⁷ Bree L. Hodgson, Dip Biomed Sci,^{4,5} Laura Licchetta, MD,⁸ Federica Provini, MD, PhD,^{8,9} Francesca Bisulli, MD, PhD,^{8,9} Lata Vadlamudi, MB, BS, PhD,^{1,10} Jozef Gecz, PhD,11 Alan Connelly, PhD,^{2,12} Paolo Tinuper, MD,^{8,9} Michael G. Ricos, BSc, PhD, 4,5 Samuel F. Berkovic, MD, FRS,¹ and Leanne M. Dibbens, BSc, PhD^{4,5}





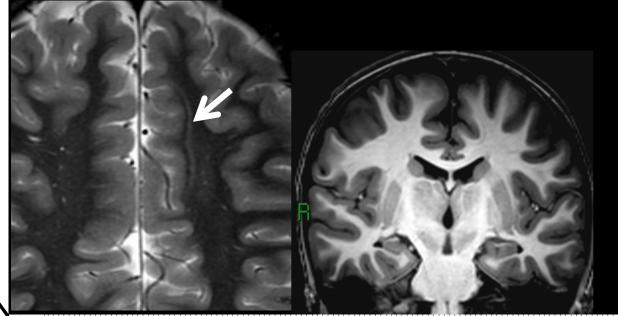


Family I DEPDC5 c.279+1 G>A



SHE
Fronto-temporal lobe
Abnormal MRI

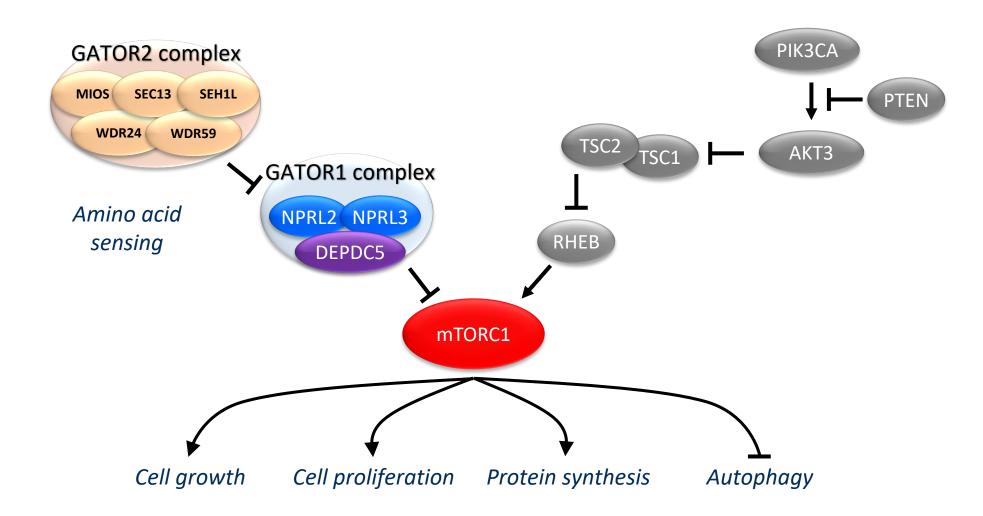
ANN NEUROL 2014;75:782–787



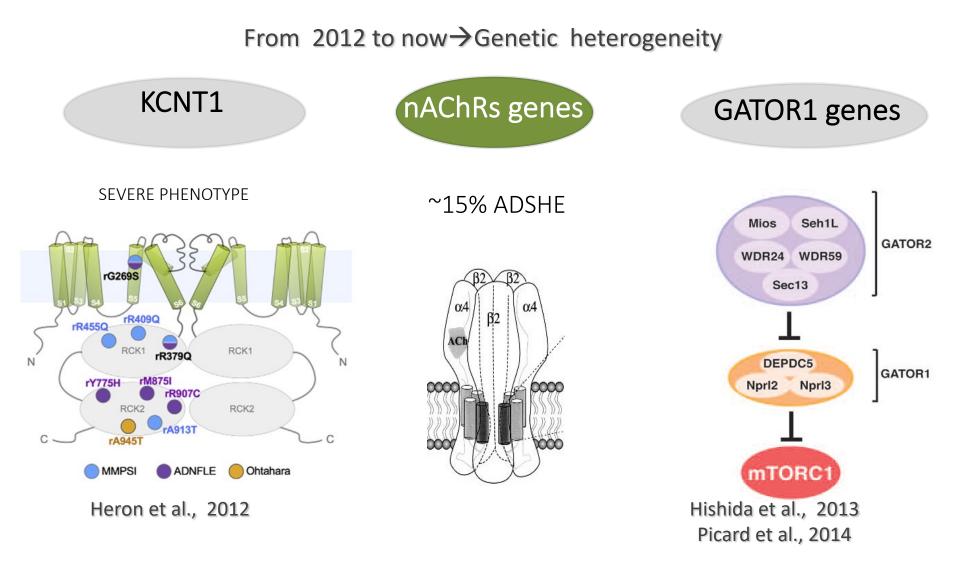
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GATOR1 complex is a repressor of mTOR complex 1



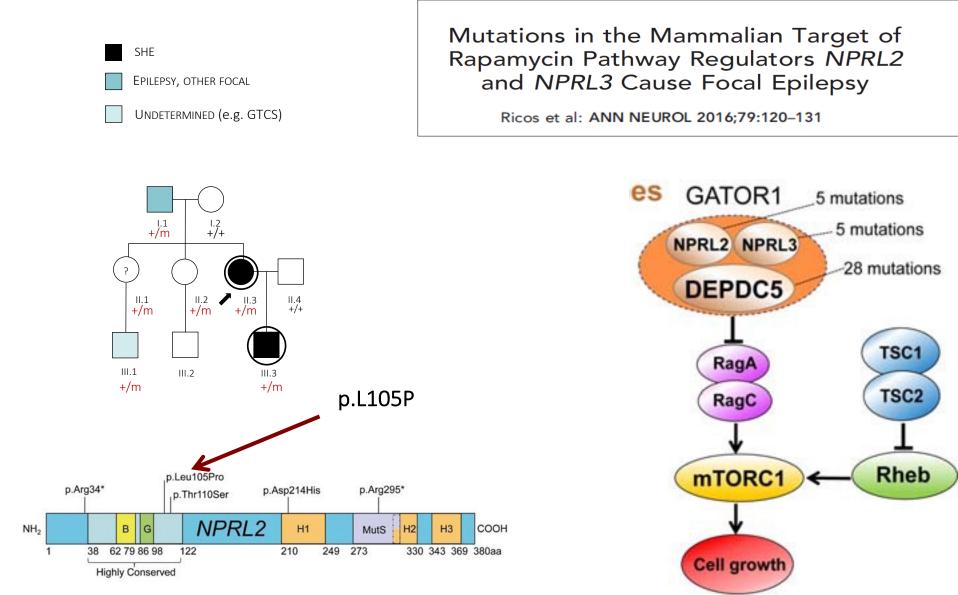


Bar-Peled et al., Science 2013

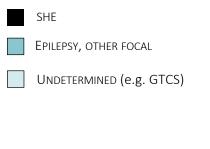


Ricos et al., Ann Neur 2016 Korenke et al., Epilepsia 2016

NPRL2 Nitrogen Permease Regulator-Like 2, 3p21.31

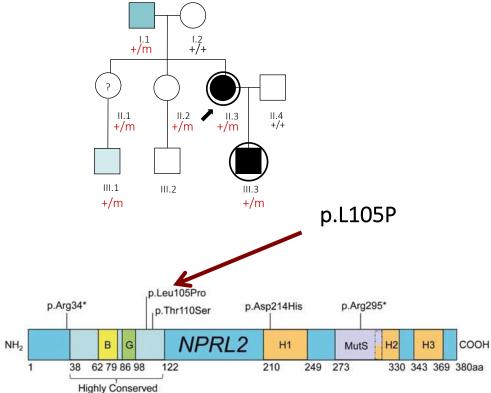


NPRL2 Nitrogen Permease Regulator-Like 2, 3p21.31



Mutations in the Mammalian Target of Rapamycin Pathway Regulators NPRL2 and NPRL3 Cause Focal Epilepsy

Ricos et al: ANN NEUROL 2016;79:120-131



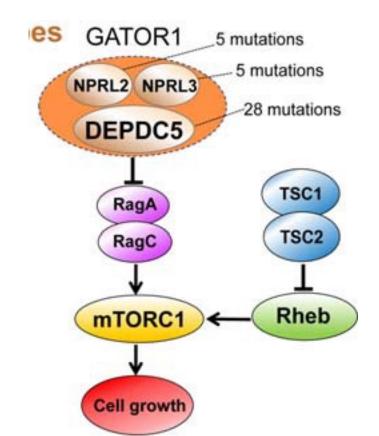
NPRL2 Nitrogen Permease Regulator-Like 2, 3p21.31

Mutations in the Mammalian Target of Rapamycin Pathway Regulators NPRL2 and NPRL3 Cause Focal Epilepsy

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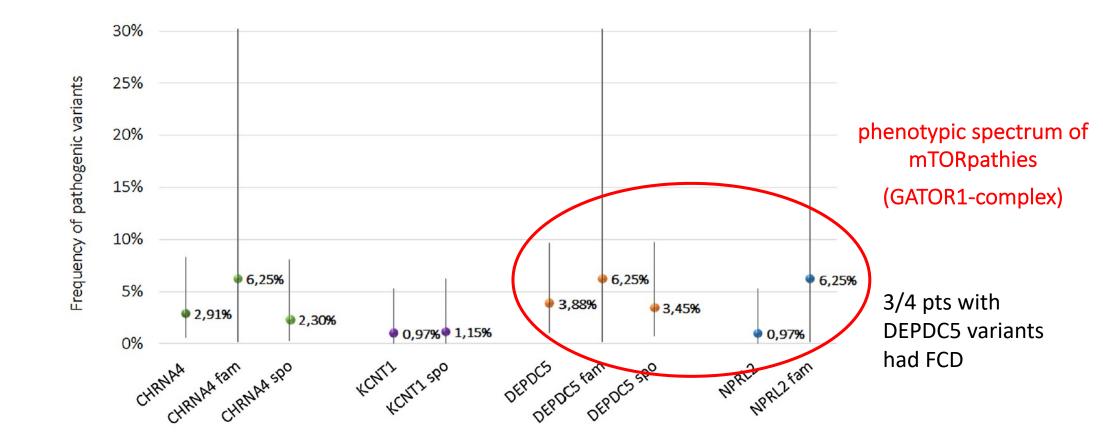
NPRL2/NPRL3/DEPDC5 phenotypes

- Penetrance: 67%, but variable
- Familial or *de novo* mutations
- Onset usually childhood/adolescence
- Epilepsy usually mild
- Intellectual disability rare
- Dysplastic lesions in some



Sleep-related hypermotor epilepsy (SHE): Contribution of known genes in 103 patients

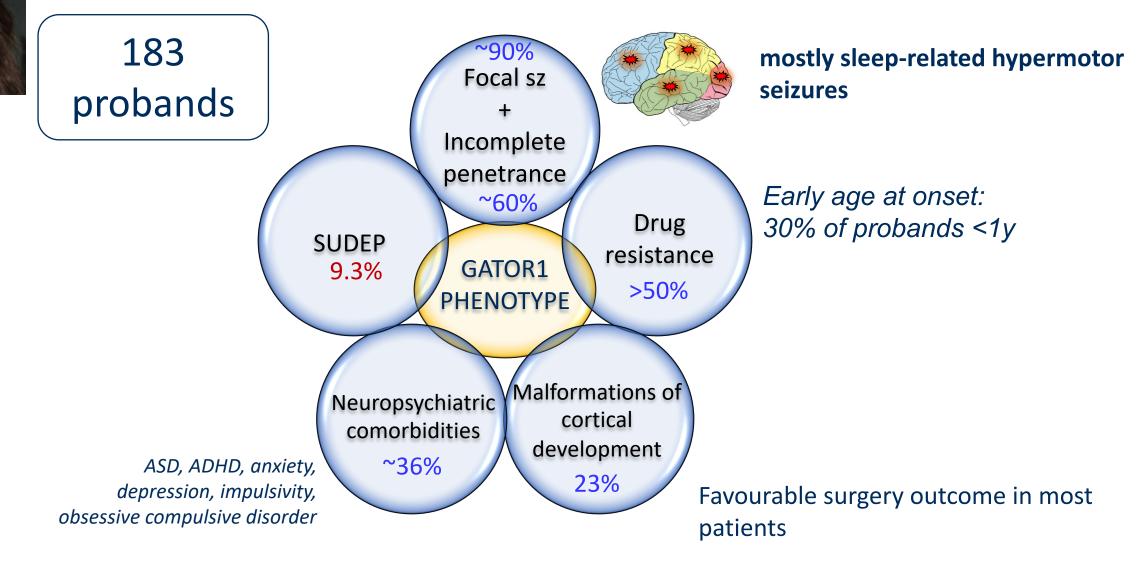
Laura Licchetta^{a,b}, ¹, Tommaso Pippucci^{c,1}, Sara Baldassari^d, Raffaella Minardi^a, Federica Provini^{a,b}, Barbara Mostacci^a, Giuseppe Plazzi^{a,b}, Paolo Tinuper^{a,b}, Francesca Bisulli^{a,b}, On behalf of the Collaborative Group of Italian League Against Epilepsy (LICE) Genetic Study Group on SHE (Amedeo Bianchi^e, Pasquale Striano^f, Antonio Gambardella^g, Lucio Giordano^h, Margherita Santucciⁱ, Stefano Meletti^{j,k}, Giovanni Crichiutti^l, Carla Marini^m, Aglaia Vignoli^{n,o}, Roberto Dilena^p, Eleonora Briatore^q) Seizure: European Journal of Epilepsy 74 (2020) 60–64 Overall detection rate: 8.7% familial cases 19% sporadic cases:7%



GATOR1 phenotype

5





Baldassari et al., Genetics in Medicine 2018



- 1/3 of SHE pts are drug-resistant
- >70% high seizure frequency (>25 seizures/month)
- SEEG often necessary if MRI is negative

Epilepsy surgery

Excellent outcome in selected cases (>>FCDII)

 \rightarrow Both frontal or extra-frontal



Surgical outcome of genetic dysplasia

- FCD with DEPDC5 mutations suggests patients may still benefit from surgical
- resection \rightarrow DEPDC5 mutation means one should look again for FCD!
- *KCNT1*→ Subtle dysplasia (FCD type 1)
- Frequency of genetic-structural cases?

Surgical outcome pts without dysplasia?

- Somatic mutations in cases with dysplasia (25% FCDIIb Niguarda Hospital)
- Genetic study for cases excluded from surgery?

Outcome following resection

Follow-up, Correlation with pathology



- ✓ SHE is a rare disorder (possibly underdiagnosed/misdiagnosed parasomnias)
- ✓ Video recording of episodes mandatory for diagnosis
- ✓ Sporadic ≅ Familial cases
- Etiology largely unknown (<10 % genetic, >15% lesional)
- ✓ Genetic heterogeneity → different pathways involved
- ✓ Mutations in GATOR1 genes play major role in genetic cases of SHE: precision medicine?
- ✓ A proportion of mutated SHE patients fall into the mTORopathy spectrum → have drugresistant epilepsy, possibly associated with FCD → surgery

EPILEPSY TEAM

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